



Paraphrase Method

- **Paraphrase** (In your own words, rewrite this passage. Write it as if you are explaining what is happening to someone who is younger than you.)
- **Purpose** (What do you think the purpose of this passage is?)
- **Practical Application** (Think about what this passage means to you. What action should you take? What do you need to change or work on so that what you have read is real in your life? Be specific.)

SPECK Method

- **Sins to Avoid** (Make a list of any sins - wrong actions, attitudes or thoughts) you see in this passage. These are things we should avoid in life.)
- **Promises to Claim** (Make a list of all the promises you see in this passage. God keeps His promises. Have faith and claim these promises in your own life.)
- **Examples to Follow** (What examples do you see in this passages? Is there a right way of thinking or acting that you should use as an example to model in your own life?)
- **Commands to Obey** (Write out all the commands you see in this passage. These are things that we should be doing in our lives.)
- **Knowledge of God to Acquire** (What did you learn about God in this passage? How does this apply to you in your life?)

OPA Method

- **Observations** (Record all the facts found in this passage. You can make a list or rewrite the passage in your own words.)
- **Principles** (What are some lessons you can learn from this passage?)
- **Application** (Pick one principle that you wrote down. How can you apply that in your life? Be specific.)

SOAP Method

- **Scripture** (What passage are you reading?
Example: Genesis 1.)
- **Observations** (Record all the facts found in this passage. You can make a list or rewrite the passage in your own words.)
- **Application** (Pick one principle that you wrote down. How can you apply that in your life? Be specific.)
- **Prayer** (You can journal your prayers however you like. The ACTS method (Adoration Confession Thanksgiving Supplication) is also another good way to form prayers).



5P Method

- **Purpose** (Ask yourself these questions: why do you think the author wrote this? Why is it important enough to be in the Bible? In a sentence or two, write what you think the overall theme or topic is.)
- **Primary Verse** (Which verse seems to contain the most important thought in the passage? Which one stands out most to you? Write out the verse completely and record where it is found.)
- **Promises** (Make a list of any promises you find. Sometimes you need to infer promises from a passage.)
- **Problems** (If you find anything you don't understand - even if it is just a word - write it down as a question. Then search for the answer google.com or go to questions.org are good resources.)
- **Practical Application** (Think about what this passage means to you. What action should you take? What do you need to change or work on so that what you have read is real in your life. Be specific.)



Newspaper Method

- **Who?** (Who are the different people in this passage?)
- **What?** (What is going on in this passage? What caused this event to happen? What happened as a result of this event?)
- **Where?** (Where is this passage taking place? What is the significance of this location?)
- **When?** (When did this passage occur? Did anything significant happen before or after this event?)
- **Why?** (Why did the events in this passage happen? What is this passage important enough to be included in the bible?)
- **How?** (How does this apply in my life today?)

What's Up Method

- **What did I like most about this passage of Scripture?**
- **What things in this passage challenged me?**
- **What did I not understand about this passage?**
- **What did I learn about God?**
- **What verse meant the most to me?**
- **What should I do?**